



The Peach State Travelers

Year 32, Issue 05 ~ FMCA PST Chapter Newsletter ~ May 2024

2024 Officers

President: John Glen 404-281-3313
 Vice President: Ed Gruba 678-231-1860
 Treasurer: Libba Gruba 770-365-6111
 Secretary: Kenlyn Sawyer 404-867-3898
 National Director: Marvin Voyna 678-472-4302
 Alternate Natl. Director –

2023 PST Appointees

Wagon Master: Libba Gruba 770-365-6111
 Sunshine Chair: Marge Esposito 678-773-1100
 Newsletter Editor: Patricia Voyna 678-523-0378
 Member Chair: Nanyce Glen 404-626-5605
 Chaplain: Jim Hollis 770-402-6074
 Directory Editor:

Membership Chair: Nancy Glenn

Future SEA (Southeast Area) Rally

www.seafmca.org

Immediate Past National VP, SEA President–Patricia Voyna
 Email: pfvoyna@marvsdiesel.com 678-523-0378
 SEA Georgia VP – Marvin Voyna
 Email: marv@marvsdiesel.com 678-472-4302

Future FMCA International Convention

Winter 2024 – March 20-23, Tucson, AZ
 * Summer 2024 – Redmond Oregon
 Winter 2025 – March 12-15, Perry, GA
 Summer 2027 – July 14-17, Gillette, WY
 * = Contingent on successful contract negotiations



2024 RALLY HOSTS



Wagon Master – Libba Gruba
 * Weekend different from 1st weekend.
 **Special rally due to distance from Atlanta
 ###Our Bylaws require members to host a rally. Ideally, three couples should be able to manage a great rally weekend.

PEACHSTATE TRAVELERS 2024 RALLY SCHEDULE DATE HOST/CO-HOST CAMPGROUND / LUNCHEON LOCATION

NOTES: Always let the host know that you will be attending

JUNE 7-9 Castor/Jones 404- 625-5402 Creekside RV Resort
 - Savannah 275 Fort Argyle Rd 915-897-2855
 JULY 5-7 Gruba/Bennett 770- 365-6111 Forsyth KOA
 Journey - Forsyth 414 S Frontage RD 800-562-8614 LISA
 AUG 2-4 Espositos 678- 773-1100 Willow Valley RV Resort,
 Rabun Gap 323 Yorkhouse Rd 706-746-0078
 SEPT 6-8 Glenn 404-626- 5605 River Ridge Retreat -
 Guntersville AL 2450 Monsanto Rd 256-505-1454
 OCT 4-6 Cowan 678- 938-8717 Pine Mt. RV Resort Pine Mt,
 Ga Contact Denise or Jade 8804 Hamilton RD 706- 663-
 4329
 NOV 1-3 Simons 678-557- 7599
 DEC 6-8 Club Officers

PRESIDENTS CORNER – May 2024

By John Glen

We met at River Rocks RV park on Friday May 3. The meeting was called to order. We thanked Wiley and Dolly Bowman for hosting. There were 14 members present. We discussed the upcoming rallies and some for next year. The floor was opened to get feedback from members when meeting prospective members and how to address what PST was about. Meeting was adjourned and we had fun with a game by Wiley.
 We had great weather and food and departed Sunday.
 That's my report. You were missed and hope to see you soon. John

NATIONAL DIRECTOR REPORT

By Marvin Voyna

SECRETARY REPORT- May 2024

By Kenlyn Sawyer

The May Rally was held at River Rocks Landing in Gadsden, AL on May 3 - 5, 2024. The hosts were Wiley and Dollie Bowman. There was a total of 14 people. The names of those in attendance are at the end of this report.

President John Glenn opened the meeting on May 3, 2024, at the Bowman's campsite. He thanked the hosts for a great rally and good weather.

Wagon Master, Libba Gruba reminded everyone of upcoming 2024 rally hosts and location. Please contact the hosts to confirm your attendance after the campground reservations are made.

June 7 - 9 - CreekFire RV Resort – 2275 Fort Argyle Rd, Savannah, GA – Ron & Linda Castor/Teri Jones 404-625-5402
July 5 - 7 - Forsyth KOA Journey – 414 S Frontage Road, Forsyth, GA – Ed & Libba Gruba 770-365-6111/Beth Bennett
August 2 - 4 Willow Valley RV Resort – 323 Yorkhouse Rd, Rabun Gap, GA – Bill & Margie Esposito 678-773-1100
September 6 - 8 River Ridge Retreat – 2450 Monsanto Road, Guntersville, AL – John & Nancye Glenn 404-626-5605
October 4 – 6 Pine Mountain RV – 8804 Hamilton Rd, Pine Mountain, GA – John & Yvonne Cowan – 678-938-8717
November 1 – 3 Holiday RV Park – 1623 S. Mack Smith Rd., Rossville, GA – Alan & Debbi Simons – 678-557-7599

Libba reminded hosts to let attendees know the rally theme if there is one. Please make your reservations with the campground and let the hosts know if you will be camping/driving up for the weekend.

Please continue to keep our members/alumnae that have been facing health challenges or recent losses in our prayers including Jim Hollis, Patricia & Marvin Voyna, Al & Mary Ann Miller, Libba Gruba, Brenda Ralston, Bobby & Brenda Moreman, John & Nancye Glenn, and Jim Watson.

President Glenn opened the floor for feedback when meeting prospective members and how to encourage new members.

MEMBERS: Bennett; Bowman; Cooke; Esposito; Glenn; Gruba; Jones; Sawyer.

RALLY REPORT – May2024

By Bowman

SUNSHINE REPORT – May 2024

Please continue to keep our members/alumnae that have been facing health challenges or recent losses in our prayers including Jim Hollis, Patricia & Marvin Voyna, Al & Mary Ann Miller, Libba Gruba, Brenda Ralston, Bobby & Brenda Moreman, John & Nancye Glenn, and Jim Watson.



TREASURES'S REPORT February 2023

By: Terry Carlyle



Beginning Balance 03-07-2022 \$2,549.45

Receipts:

May Rally	30.85
Sept. Rally	7.08
Jan. Rally	7.00
Anniversary FMCA	150.00
New Member	15.00
Dues	200.00

Disbursements:

Signs	159.00
Stamps for Sunshine	72.00

Ending Balance 02-01-2023 \$2,728.38

EVERYONE MUST COMPLETE A RALLY REPORT AND SEND TO ME FOR THEIR RALLY.

PLEASE SEND ALL RECEIPTS WITH IT!!!!.3

Birthdays

05-09 – Nancye Glenn
05-10 – John Cowan
05-17 – Kenlyn Sawyer
05-25 – Nancy Walthall
05-27 – Jan Hollis



Anniversaries

05-02 – Dan & Margie Rankin
05-11 - Bobby & Brenda Moreman
05-16 – Bill & Margie Esposito
05-31 – Jim & Jan Hollis



*Even doctors make mistakes.
Mine asked me
to undress.*



Paddy and Mick

Paddy says to Mick,

–*I found this pen, is it yours?*

Mick replies: –*Don't know, give it here.* He then tries it and says,

–*Yes, it is!*

Paddy asks: –*How do you know?*

Mick replies: –*That's my handwriting!*

A father passing by his son's bedroom

Noticed the room unusually clean and saw an envelope propped up prominently on the pillow. It was addressed, 'Dad'. With the worst premonition, he opened the envelope and read the letter, with trembling hands.

Dear, Dad. It is with great regret and sorrow that I'm writing you. I had to elope with my new girlfriend, because I wanted to avoid a scene with Mum and you.

I've been finding real passion with Stacy. She is so nice, but I knew you would not approve of her because of all her piercing's, tattoos, her tight Motorcycle clothes, and because she is so much older than I am.

But it's not only the passion, Dad. She's pregnant. Stacy said that we will be very happy. She owns a trailer in the woods, and has a stack of firewood for the whole winter. We share a dream of having many more children.

Stacy has opened my eyes to the fact that mari*juana doesn't really hurt anyone. We'll be growing it for ourselves and trading it with the other people in the commune for all the cocaine and ecstasy we want.

In the meantime, we'll pray that science will find a cure for AIDS so that Stacy can get better. She sure deserves it!

Don't worry Dad, I'm 15, and I know how to take care of myself. Someday, I'm sure we'll be back to visit so you can get to know your many grandchildren.

Love, your son, Josh

P.S. Dad, none of the above is true. I'm over at Jason's house. I just wanted to remind you that there are worse things in life than the school report that's on the kitchen table. Call when it is safe for me to come home

Two hillbillies were sipping shine on the front porch when a truck went past loaded up with rolls of sod.

"I'm a-gonna do that when I win that there lottery," announced hillbilly #1.

"Do wut?" asked hillbilly #2.

"Send my lawn out to git mowed."



A police officer sees a man driving around with a pickup truck full of penguins.

A police officer sees a man driving around with a pickup truck full of penguins.

He pulls the guy over and says: "You can't drive around with penguins in this town! Take them to the zoo immediately."

The guy says OK, and drives away.

The next day, the officer sees the guy still driving around with the truck full of penguins, and they're all wearing sunglasses.

He pulls the guy over and demands:

"I thought I told you to take these penguins to the zoo yesterday?"

The guy replies:

"I did . . . today I'm taking them to the beach!"



I pass by this ancient mailbox every day on my way to work. The old rusty box is nailed to an oak that has to be 150 years old.

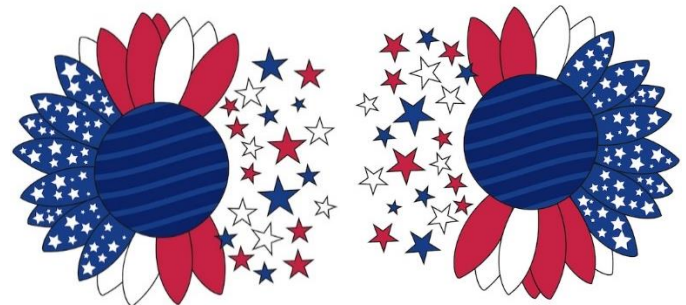
After 3 years of passing it by I decided to open the box to see if anything was inside. After all, there isn't even a house nearby to which it could possibly serve anyway. Any home it serviced was long ago torn down I'm sure.

I noticed an ancient letter inside as you can see in the picture. I looked at the post mark date and it said July 7, 1903. Due to age and moisture the addressee on the

envelope was not readable, so I opened up the envelope hoping to find some local history and a good story I could share with you. Here is what the letter inside said.

"We have been trying to reach you about your cars extended warranty."

~ Unknown



30 Uses for Baking Soda Beyond Baking

From brushing teeth to treating diaper rash, this miracle product is a workhorse around the house and in the garden.

One of the best-known uses for baking soda around the house is cleaning. It can boost laundry detergent, deodorize garbage disposals, help dissolve grease stains and remove tough stains, all without using harsh chemicals.

Whether used alone or mixed with other ingredients, baking soda is a cheap alternative to many of the more expensive (and chemical-laden) products on the market.

Getting Rid of Stains

Make plastic food storage containers like new. [The List](#)

recommends removing stubborn stains from plastic food storage containers by making a thick paste of 2 tablespoons baking soda, 1 teaspoon water and a squirt of dish detergent. Wipe it on the stain and let it sit for 15 or 20 minutes, then rinse out.

Clean grout. Baking soda mixed with hydrogen peroxide and a few drops of liquid dish soap will clean those shower or kitchen tiles easily.

Get crayon marks off walls. Technically, we would never call your child's artwork a stain. But you can also use baking soda to erase your kids' crayon designs from walls. Sprinkle baking soda on a damp sponge or cloth and wipe down the walls to remove the masterpiece without removing the paint.

Remove coffee cup stains. You love your coffee and your favorite coffee cup. But too much java can stain the cup and repeated cycles in the dishwasher doesn't always do the trick. Sprinkle in some baking soda and scrub with a sponge. It should be as good as new.

For the Laundry Room

Brighten fabrics in the wash. Keep a big box of baking soda by your washing machine. There are so many uses for baking soda: remove stains, neutralize odors, and boost your laundry detergent's strength. Putting it in the rinse cycle helps soften clothes. Generally a few tablespoons of baking soda at the beginning of the wash and then again in the rinse cycle will brighten your laundry.

Remove tough stains. To get rid of wine, coffee, blood, and other stains, make a solution of one or two tablespoons of baking soda and just enough warm water to have a thick paste. Rub it into the stain (both sides of the fabric if possible), let dry, then wash.

In the Kitchen

Make fluffier omelets. You can make fluffier omelets by adding half a teaspoon of baking soda or baking powder for every three eggs used. Add it in just after you whisk the eggs. The same quality — carbon dioxide — that makes dough rise will make your omelets fluffier.

Tame spicy foods. You might love spicy foods, but sometimes you might have added too much hot sauce. The [Pepperscale site](#) suggests that you add a quarter teaspoon of baking soda then taste, and repeat until some of the burn is diminished in the cooking process. The sodium bicarbonate helps neutralize the vinegar in the hot sauce.

Extend the life of cut flowers. You can keep cut flowers fresh longer by mixing a teaspoon of baking soda and water together and adding it to the vase, along with a little sugar. It keeps the water neutral and the sugar feeds the flowers.

Put out small grease fires. An important use of baking soda is that it can put out small grease fires. It smothers the fire by producing carbon dioxide.

Baking Soda for Tough Jobs

Unclog a Drain. A clogged drain can also benefit from baking soda. [The Family Handyman](#) site tells us how to unclog the drain correctly. First, pour a pot of boiling water down the drain to loosen the clog. Next, throw a cup of baking soda and pour 1 cup of vinegar mixed with 1 cup of very warm water down the drain and cover with a cloth or drain plug. You'll notice a lot of satisfying fizzing when the vinegar meets the baking soda. Let this mixture do its job for five to 10 minutes before flushing one final time with boiling water. Your drain will run clear in no time!

Restore a scorched pot. Have you ever thought a favorite pot or pan was ruined? You can restore a scorched pot with a baking soda solution made with vinegar and sodium bicarbonate. In general, you shouldn't use baking soda on stainless steel. But according to [Arm & Hammer](#), there are a few ways to do this that won't cause harm. Loosen as much burnt food from the pan as possible. Then put a thin layer of vinegar or lemon juice to cover the bottom. Heat it up a little and sprinkle a cup of baking soda over it. You can let the mixture sit overnight, and then gently scrub the bottom. If it is super scorched you might have to repeat a few times. But it is better than buying a whole new pot. You may have read that cleaning a coffee maker with baking soda is a good idea, but it is tricky to do without harming the machine. It's easier and cheaper to [just use vinegar](#).

Sprinkle Baking Soda to Combat Odors

Neutralize fridge smells. Baking soda is a great way to neutralize odors. One of the best known uses for baking soda is putting an open box of it in your fridge to keep it smelling fresh. But its use as an odor-killer extends way beyond that.

Make shoes smell better. Sprinkle baking soda on your slippers, boots, shoes, and socks to remove odors. If the shoes are extra stinky, make a little baking soda paste (baking soda and water) and rub it on the inside, and let them sit overnight. Wipe it out and the smell should be gone.

Remove garbage can stink. Sprinkle a little baking soda on the bottom of your garbage cans to absorb smells.

Yoga mat renewal. If you are doing downward dog on your yoga mat and it smells worse than your actual dog, don't worry. Yoga mats can be cleaned with a damp sponge and a spray bottle with your baking soda solution. Mix together two tablespoons baking soda and a cup of water, then thin with lemon juice. Spray the mat lightly and wipe it down.

Fresh-smelling hands. Ever been cooking or working on something and get a whiff of your hands smelling WAY too strong? Mix baking soda with a little water and rub on your hands, then rinse clean.

De-stink kitchen sponges. For foul-smelling kitchen sponges that aren't quite trash-worthy yet, [Best Home Scents](#) advises soaking them in a mixture of baking soda and water to freshen them up. If they smell really bad you can pour a little white vinegar in the mix too.

Deodorize litter boxes. Litter box deodorizers already have baking soda in them, so skip buying something more expensive. Sprinkle baking soda on the bottom of the litter box before putting fresh litter in.

Freshen pets beds. Use it around the house to remove dog stink from pet beds, blankets and carpet. Sprinkling baking soda on the

offending surface and vacuuming after waiting about 10 minutes works wonderfully.

As a Beauty and Health Aid

Make natural deodorant. There's a reason baking soda is an ingredient in deodorants. Make natural deodorant with baking soda and get rid of body odor. This recipe at the [Mommypotamus site](#) has easy to find ingredients. It has baking soda, arrowroot or cornstarch, shea butter, and essential oil.

Mix up a face scrub. Baking soda can also replace your store-bought face scrub. Make a paste from baking soda and a few drops of lemon juice. Gently massage it into your face for 10-20 seconds, then rinse off with a moist cloth. It's best to use this mixture as an occasional exfoliator rather than a daily one because its alkaline properties can have an adverse affect on your skin if used too frequently.

Make your own toothpaste. Making toothpaste is one of the best baking soda uses. A baking soda solution is very good for your teeth because it neutralizes the acid in your mouth. [Wikihow](#) has a simple baking soda toothpaste recipe: 2/3 cup of baking soda, 1 teaspoon fine sea salt, add a few drops of your favorite essential oils or peppermint extract, and a filtered water — enough until it makes a paste. Some sites also recommend using a few drops of coconut oil in your toothpaste too.

Wellness Benefits of Baking Soda

Like many ingredients you can find around the house, baking soda has numerous health benefits. [Healthline](#) has even more.

Internal Baking Soda Benefits

Neutralizing stomach acid. If you need relief from stomach acid, baking soda could provide you with much-needed relief. Raman recommends drinking 1 teaspoon of baking soda dissolved in a glass of cold water. While this might not replace medication for extremely bad cases of acid reflux, it's a good remedy to remember if your ailment unexpectedly strikes. This is not recommended for frequent use because of the high sodium content, especially if you have high blood pressure.

Freshen your breath. Baking soda can also help freshen your breath and improve your dental health thanks to its antibacterial and antimicrobial properties. Raman suggests replacing your usual mouthwash with 1/2 teaspoon baking soda mixed with a glass of warm water. Swish it around your mouth, as you would mouthwash, before spitting it out.

Muscle relief after exercise. Many sources, such as [Very Well Fit](#), explain that you can use baking soda to absorb the lactic acid in your muscles after exercising. This allows you to recover more quickly so you can get back to your routine with minimal soreness. The site recommends drinking a mixture of one teaspoon baking soda in a glass of water to maximize the benefits.

External Baking Soda Benefits

Sunburn relief. If you have a sunburn or need to relieve skin irritations, take a baking soda bath. Run a cool bath, which will feel good anyway, and add in a few tablespoons of baking soda. Stir to dissolve it, then soak in it for 20 or 30 minutes.

Help with diaper rash. When a baby's bottom is raw from diaper rash, baking soda can ease the pain. [Seattle Children's Hospital](#) recommends that you relieve diaper rash by putting two tablespoons of baking soda in warm bath water and let the child soak (or splash) in it for 10 minutes. Then put some [anti-yeast ointment](#) on them. Do this three times a day.

Soothe bug bites. Treat insect bites with a paste made from two tablespoons of baking soda and enough water that it makes a paste. Put it on the bug bite and let it dry. It should take the sting out. Brush it off with a damp cloth once it is dried up. If there are a lot of bug bites you can take the same bath that relieves sunburn.

Baking Soda in the Garden

Natural weed killer. Weeds sprout up through cracks in patios, driveways and sidewalks. Rather than bruise your knuckles trying to pull them out, sprinkle a handful of baking soda on them. The sodium will kill the weeds and you can easily pick them out. Be careful using baking soda in your flower beds because it will kill the good with the bad.

Caution When Using Baking Soda on Some Things

Yes, baking soda is incredibly versatile, but there are some things that you should avoid using it on. It can be either too abrasive or acidic, especially if it's not diluted with water. It is thankfully a short list, but be careful using it on:

Aluminum: Any type of aluminum will get oxidized by it if you leave it on for long. So be careful if you are using it to clean pots and pans.

Glass, stainless steel and hardwood floors: It will scratch them if used without diluting and dissolving.

Marble: You might see baking soda recommended for getting out stains but it will also remove the sealant.

Vintage or antique silver: Baking soda can remove tarnish but in its pure form is too harsh and may scratch.

Otherwise, plan to use baking soda on a wide variety of things at home, and for your health.

"I said a Prayer for you today"

I said a prayer for you today
to make your spirits soar,

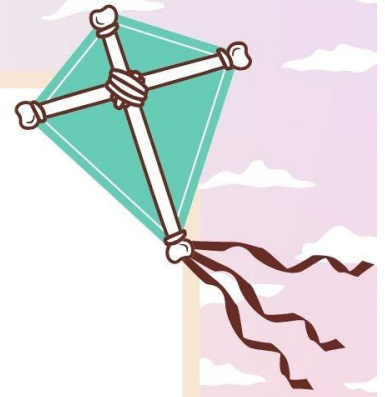
I prayed for happiness for you,
but then I asked for more.

I asked that God would give you
the courage that you need
to be yourself, to do your best,
to dream and to succeed.

I prayed that God would bless you
with confidence in who you are,
because in God's eyes, and in mine,
you'll always be a star.

Author: Unknown





Peach State Travelers
June Rally - 7th - 9th

Creek Fire RV Resort
275 Fort Argyle
Rd
Savannah, Ga
912-897-2855

Thursday -Early birds
Dinner at Restaurant on site 5:30 p
Friday - On your own sightseeing
Dinner - 5:30 Host lot
Saturday - BREAKFAST
9:00 am Continental -Host lot
Dinner -5:30 Local Restaurant TBD
Sunday -Depart

HOSTED BY : TERRI JONES
404-925-6440

Shuttles to Savannah (includes tour) \$39-\$49 per
Historic Downtown Savannah
Tybee Island
River Street -shopping,diners, etc





Family car camping. c.1915-1923. Even had folding chairs back then

From

Patricia Voyna

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PST Newsletter – May 2024

IN GOD WE TRUST

